



CORE TOPICS Exeter

Friday 29 April 2022

Organisers: Drs Mark Pauling, Nicki Ross and Claire Swarbrick, Exeter

Location: Sandy Park Conference Centre, Exeter

Programme

08:30 Registration / tea and coffee

09:20 Welcome and introduction
Drs Mark Pauling and Nicki Ross, Exeter

Session 1 Clinical and practical updates

09:30 Pulmonary hypertension: when to crack on, when to refer
Dr Guillermo Martinez, Cambridge

09:55 Questions and answers

10:00 Total intravenous anaesthesia (TIVA) in paediatrics
Dr Peter Brooks, London

10:25 Questions and answers

10:30 Anaesthetic technique and cancer recurrence
Dr Joyce Yeung, Birmingham (presenting virtually)

10:55 Questions and answers

11:00 Tea and coffee

Session 2 Climate catastrophe and anaesthesia

11:25 The Nitrous Project
Ms Alifia Chakera, Edinburgh (presenting virtually)

11:50 Questions and answers

11:55 Principles of environmentally sustainable anaesthesia
Dr Tom Pierce, Southampton

12:20 Questions and answers

12:25 Lunch

Session 3 Trauma

13:30 The trauma call: translating military procedures to UK practice
Dr Paul Moor, Plymouth

13:55 Bleeding in trauma
Dr Ross Davenport, London

14:20 Silver trauma
Dr Nicholas Freeman, Leeds

14:45 Discussion

15:00 Tea and coffee

Session 4 Looking after ourselves and others



**Association
of Anaesthetists**

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15:20	Own oxygen mask first Dr Andrew Tresidder, Somerset CCG
15:55	Just another day in the office: challenges of a cave rescue Dr Craig Holdstock, Plymouth
16:20	Discussion
16:35	Close meeting

Questions and answers

For this meeting, we will be using Slido for the Q&A.

To submit your question, please go to www.sli.do and type in the hashtag **#CTExeter**

Or scan the QR code below



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Learning objectives

Session 1 Clinical and practical updates

Pulmonary hypertension: when to crack on, when to refer

Dr Guillermo Martinez, Cambridge

- Describe the types of pulmonary hypertension.
- Recognise the anatomy and physiological characteristics of the RV
- Explain RV physiological adaptation to changes in pulmonary pressure and coronary flow
- Name the main drugs used to reduce pulmonary pressure and improve RV performance
- Perform an adequate preoperative risk assessment for patient with pulmonary hypertension
- 6. Describe a safe anaesthetic approach for patients with pulmonary hypertension undergoing non-cardiac surgery

Total intravenous anaesthesia (TIVA) in paediatrics

Dr Peter Brooks, London

- Why TIVA & what is different in children
- The 'evidence' for benefit in children
- 3. Tips, tricks and some challenges introducing TIVA into your paediatric practice

Anaesthetic technique and cancer recurrence

Dr Joyce Yeung, Birmingham (presenting virtually)

- Surgical stress produces an environment that favours tumour growth and metastasis.
- Anaesthetic techniques may affect long-term cancer outcomes.
- More evidence is needed to examine impact of propofol-TIVA, inhalational agents, opioids, local anaesthetics, and regional anaesthetic techniques on cancer recurrence.

Session 2 Climate catastrophe and anaesthesia

The Nitrous Project

Ms Alifia Chakera, Edinburgh (presenting virtually)

Learning objectives tbc

Principles of environmentally sustainable anaesthesia

Dr Tom Pierce, Southampton

- Global Consensus Statement can form the blue print for the basis of action
- Interpret the 7 action points in light of your own practice
- Measurement is the cornerstone of management
- Build sustainable practice into all aspects of anaesthesia and perioperative practice
- Share your success stories

Session 3 Trauma

The trauma call: translating military procedures to UK practice

Dr Paul Moor, Plymouth



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Learning objectives tbc

Bleeding in trauma

Dr Ross Davenport, London

- Understand the current evidence for balanced resuscitation in trauma haemorrhage
- Evaluate the role of tranexamic acid for bleeding after major trauma
- Discuss the role of REBOA in trauma haemorrhage
- 4. Signpost forthcoming and ongoing clinical trials in the management of trauma haemorrhage

Silver trauma

Dr Nicholas Freeman, Leeds

- Understand systemic prejudice in triage and treatment
- Appreciate the different injury patterns in older people
- Promote re-enablement and manage delirium
- How to assess falls
- The hazards of biscuits

Session 4 Looking after ourselves and others

Own oxygen mask first

Dr Andrew Tresidder, Somerset CCG

- Be able to discuss the psychological barriers of denial and displacement to understanding Health
- Apply an understanding of the mammalian Autonomic Nervous System to self
- To appreciate some methods of achieving Inner Stillness
- To be familiar with psychological support mechanisms, and resources on health

Just another day in the office: challenges of a cave rescue

Dr Craig Holdstock, Plymouth

- Overview of British Cave Rescue
- Appreciation of delivering care to an injured casualty in the underground environment
- Case based discussion on the Ogof Fynnon Ddu Rescue 6/11/21 - 8/11/21

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